



Arthur Gledhill-Franks

LONDON, ENGLAND

AGE

22

HEIGHT

185 cm / 6'1"

LOCATION

London, England

DISCIPLINES

Parkour / Freerunning

A London-based parkour athlete, stunt performer, and filmmaker. With a focus on creative movement and technical precision, Arthur has made a name for himself through standout performances, world-first achievements, and a growing portfolio of original content that blends parkour with cinematic storytelling.

MOVEMENT STYLE

Arthur Gledhill-Franks is known for his precision and creativity in parkour. He blends technical skills with fearless movement, achieving world-first tricks in iconic locations. His commitment to pushing boundaries has solidified his reputation in the parkour community, with a dynamic style that is both powerful and controlled.

EXPERIENCE

Lead stunt double for Channel 4 drama The Gathering Qualified parkour coach at Foucan Academy Filmmaker and content creator with a focus on parkour movement

PROFESSIONAL CREDITS

Featured in Team Phat's parkour film LISBOOM , showcasing signature parkour work Creator of Full Disclosure (2022), a short film capturing his top parkour moments from the year Achieved multiple world-firsts in London, including the IMAX kong precision to stick and the St Thomas' stride precision

